



## ABSTRACT

A pre-formed tooth insert is provided for insertion in a prepared cavity in a tooth, particularly suitably for cavities accurately prepared to match pre-formed inserts. The insert has at least one surface that remains exposed when the insert is placed in the prepared cavity, and a contact surface in continuation of the exposed surface(s), which contact surface comes in contact with the inner surface of the prepared tooth cavity when the insert is placed in the cavity. The contact surface forms substantially vertical edges at the junction with said exposed surface, where the edges have a groove along at least a portion of the edge such that when the insert is placed in the cavity the groove is located at the junction between the exposed surface and the surface of the tooth, allowing insertion of shapable cement material in the groove to form a continuous surface.